

Victoria to Halifax

JUNE/JULY



Cycle Cross Canada for SMYLe Tour Scheduled Waypoints



DATE	WAYPOINTS	GOAL
11 June	Victoria to Chilliwack (via Tsawwassen Ferry)	143 km
12 June	Chilliwack to Brookmere	147 km
13 June	Brookmere to Kamloops	143 km
14 June	Kamloops to Sicamous	140 km
15 June	Sicamous to Canyon Hot Springs	105 km
16 June	Canyon Hot Springs to Field	169 km
17 June	Field (British Columbia) to Canmore (Alberta)	106 km
Week 1 Total		953 km
18 June	Canmore to Calgary	105 km
19 June	REST DAY	
20 June	Calgary to Bassano	143 km
21 June	Bassano Medicine Hat	156 km
22 June	Medicine Hat (Alberta) to Gull Lake (Saskatchewan)	171 km
23 June	Gull Lake to Caronport	205 km
24 June	Caronport to Sinteluta	178 km
Week 2 Total		958 km
25 June	Sinteluta Saskatchewan to Hargrave Manitoba	187 km
26 June	Hargrave to Portage la Prairie	213 km
27 June	REST DAY	
28 June	Portage la Prairie to Steinbach	159 km
29 June	Steinbach (Manitoba) to Baudette (Minnesota)	194 km
30 June	Baudette (Minnesota) to Seine River Village (Ontario)	178 km
01 July	Seine River Village to Kashabowie	158 km
Week 3 Total		1 089 km
02 July	Kashabowie to Thunder Bay	112 km
03 July	REST DAY	
04 July	Thunder Bay to Terrace Bay	218 km
05 July	Terrace Bay to White River	167 km
06 July	White River to Agawa Bay	176 km
07 July	Agawa Bay to Bruce Mines	203 km
08 July	Bruce Mines to Sudbury	245 km
Week 4 Total		1 121 km
09 July	REST DAY	
10 July	Sudbury to Bissett Creek	240 km
11 July	Bissett Creek to Ottawa	244 km
12 July	REST DAY	
13 July	Ottawa to Montreal (Quebec)	199 km
14 July	Montreal to Quebec City	254 km
15 July	REST DAY	
Week 5 Total		937 km
16 July	Quebec City to Riviere du Loup	208 km
17 July	Riviere du Loup (Quebec) to Grand Falls (New Brunswick)	180 km
18 July	Grand Falls to Fredericton	210 km
19 July	Fredericton to Moncton	176 km
20 July	Moncton (New Brunswick) to Truro (Nova Scotia)	170 km
21 July	Truro to Halifax (TOUR END)	95 km
Week 6 Total		1 039 km
TOTAL DISTANCE (excluding in-town diversions... as much as 20% more)		6 096 km

